

Monroe Consolidated School - Lunch Menu

September 2010

Free and Reduced information and forms are available on the School Lunch page of the website.

Lunch costs \$2.00 per day and a full Breakfast is available at a cost of \$1.00 per day.

Monday	Tuesday	Wednesday	Thursday	Friday
8/30	8/31	9/1	9/2	9/3
		<i>Turkey Wrap Buffet</i>	<i>Ham & Cheese Stromboli</i> <i>Tomato Soup</i>	<i>Boulder Beach</i> <i>Tuna on wheat</i> <i>Cheese Stix</i> <i>Carrot Sticks</i> <i>Apple</i>
9/6	9/7	9/8	9/9	9/10
<i>School Closed</i>	<i>Breakfast Bagel</i> <i>Frontier Soup</i>	<i>Chicken Fijatas Buffet</i>	<i>Mac & Cheese</i> <i>Taco Soup</i>	<i>Pizza Burger on Wheat</i> <i>Veg Beef Soup</i>
9/13	9/14	9/15	9/16	9/17
<i>Am Chop Suey</i> <i>Turkey Veg Soup</i>	<i>Beef Taco Buffet</i>	<i>Early Release</i> <i>Corn Chouder</i> <i>Ham Chunks</i>	<i>Bake Chicken on Wheat</i> <i>Cheesy Mac Soup</i>	<i>Ham Wrap Buffet</i>
9/20	9/21	9/22	9/23	9/24
<i>Chicken Parm Sub</i> <i>Broc & Cheese Soup</i>	<i>Cheese Burger on Wheat</i> <i>Chicken Noodle Soup</i>	<i>Pizza Buffet</i>	<i>Meat Ball Sub</i> <i>French Fries</i> <i>Italian Wedding Soup</i>	<i>Early Release</i> <i>Chicken Quesidilla</i> <i>Frontier Soup</i>
9/27	9/28	9/29	9/30	10/1
<i>Chicken Tortellini Soup</i> <i>Honey Wheat Biscuit</i>	<i>Sandwich Buffet</i> <i>Tuna Salad</i> <i>Egg Salad</i> <i>Turkey</i>	<i>Fish on wheat</i> <i>Chicken Veg Soup</i>	<i>Roast Beef Wrap Buffet</i>	

1% Lofat Milk, Whole Grain/Quick Bread, Canned/Fresh Fruit & Salad bar are included with lunch.

Lofat Chocolate Milk served Monday, Wednesday & Fridays

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